



Equestrian Program

Palisades Episcopal School's Equestrian Program is an optional course available to students in grades 5 - 8.

The Equestrian Program offers English hunter/jumper style instruction to student riders of any skill level, from beginner to advanced. Activities provide intensive instruction to give students an understanding of the "how" as well as the "why" of horseback riding. The program, while focused on time in the saddle, also includes a classroom component which gives students time to learn about topics related to care, feeding, conformation and competition. Students also participate in service projects with local equine organizations.

The Equestrian Program strives to cultivate riders who are confident, self-reliant learners and problem solvers who exhibit high moral character. The PES Equestrian program also believes as stewards of God's creation, our first responsibility is the good care of the horse.



Curricular Highlights

Equestrian is an option available to Middle School students as an alternative to the Physical Education class. Some of the Equestrian Program topics include:

Riding

Students will be grouped for riding sessions by skill level. Riding groups consist of no more than 5 students at maximum. Approximately 25% of the term will be spent in the classroom, with the balance of the class time spent in riding classes.

Equine Anatomy & Conformation

Students will learn the parts of the horse as well as the major muscle groups, joints and bones, and how the horse's anatomy works together as an athlete. Students will also discuss how common conformation traits contribute to or inhibit a horse's capability to do what we ask.

Grooming & Safe Handling

The basics of daily grooming procedures is a topic for all levels, including how to care for our horses so they are comfortable and healthy. Safe handling of these large animals is the primary focus and reinforced each class. As students advance, they learn more about grooming for competitions and other special events.

Competition

For students who are interested in competing, extra-curricular and outside horse show opportunities are available.

Facility

All Equestrian classes meet at the Palisades Equestrian Center, conveniently located just moments from the PES campus. Transportation will be provided for the students. The Equestrian Center facility features:

- 18 Stall, modern Morton Barn
- Secure tack & equipment storage for students
- Climate controlled classroom with WiFi and A/V capability
- Sand riding arena with jumps
- Carefully selected lesson horses

*Tuition for the Equestrian Program:
\$2,500 per session (Aug.- Dec. / Jan. - May)*

Students may enroll in either or both sessions

